

To read more about any of these symptoms scan this QR code with your phone camera:



Or visit
www.tommys.org/pregnancy-information/symptom-checker

Your local contact details

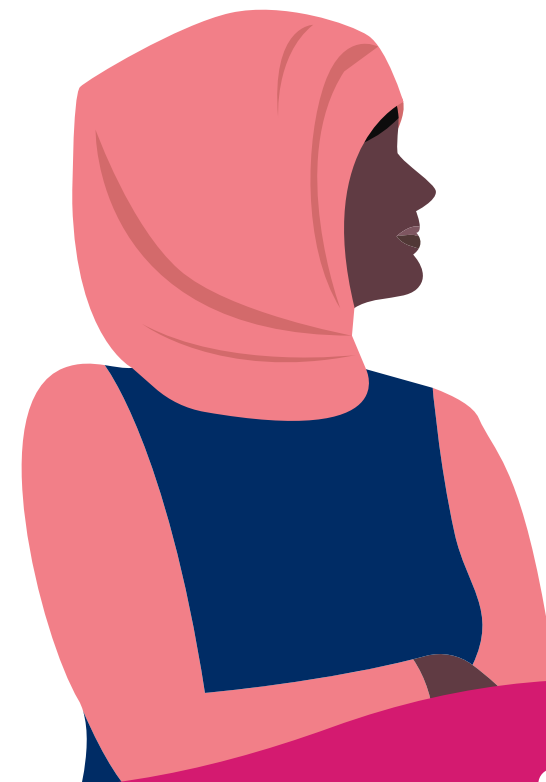


Tommy's

The pregnancy and baby charity

When to call the midwife or GP

Symptoms to look out for if you know you are pregnant or if you may be pregnant.

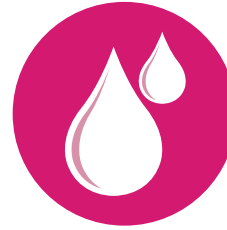




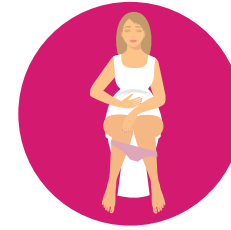
Spotting or bleeding



Vomiting all or most food



Leaking fluid from the vagina



Painful urination



Persistent severe headache



Swelling in face, hands or legs



Blurred vision, seeing spots



Itching, especially on hands and feet



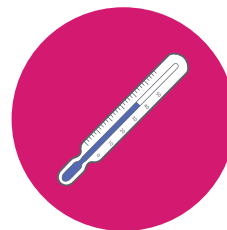
Sharp or continuing abdominal pain



Cramps in your lower back or pelvic area



Baby's movements slows down or changes



High temperature (above 37.5 degrees)



You feel that something is wrong



If you have any of the symptoms above you should call your midwife or GP. If you are in early pregnancy (under week 12) you can also contact your Early Pregnancy Unit.



If your symptoms are severe, or if you have noticed any change or reduction in your baby's movements, contact your local labour ward immediately